



4 WING PSP RECREATION COMMUNITY GARDEN GUIDE

2026





Welcome to the 4 Wing PSP Recreation Community Garden

Whether you are new to gardening or have years of experience, the 4 Wing PSP Recreation Community Garden offers an opportunity to enjoy fresh produce and be part of a collaborative, community-focused initiative.

This guide provides all the information needed to participate, including enrollment details, plot options and pricing, growing zones, planting suggestions, participant responsibilities, environmental and eco-friendly practices, shared equipment guidelines, and a garden map.

By working together and respecting shared spaces and resources, we can ensure a productive and enjoyable gardening season for everyone.





Registration



Who Can Participate:

Everyone is welcome to participate in the 4 Wing PSP Recreation Community Garden.

1 **Registration** is online only through your Univerus account. If you don't have one, you can request one by coming to the Welcome Desk at Col J. J. Parr Sport Centre or [request it online](#).

2 **Season Dates**

- Registration opens on Friday, May 1, 2026.
- The garden opens on the May long weekend and closes on October 19, 2026.

3 **Waitlist**

If plots are full, participants may register on a waitlist and will be contacted if a plot becomes available.

4 **Refunds & Contact**

Refund/cancellation policy and PSP Recreation contact information are TBD and will be updated.

Garden

Plots & Fees

Plots

The Community Garden includes 10 individual plots, organized into two neat rows of five for easy access.

Fence

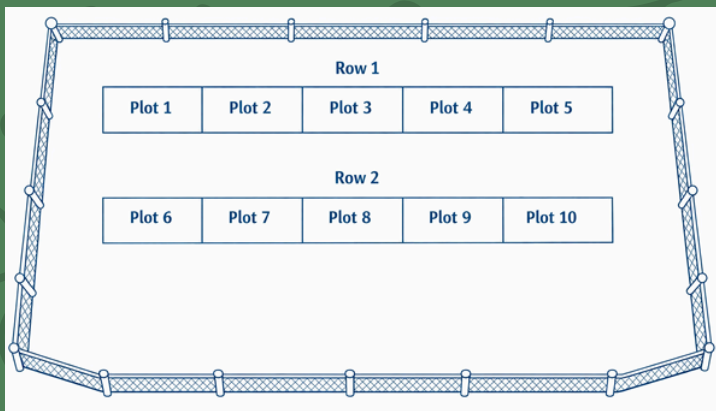
The Community Garden is fully fenced, providing a safe and secure space for your plants to grow.

Cost

Each garden plot is available for a seasonal fee of \$20.

Deposit

A refundable deposit of \$30 per plot is required and will be returned at the end of the season if the plot is cleaned and returned in good condition

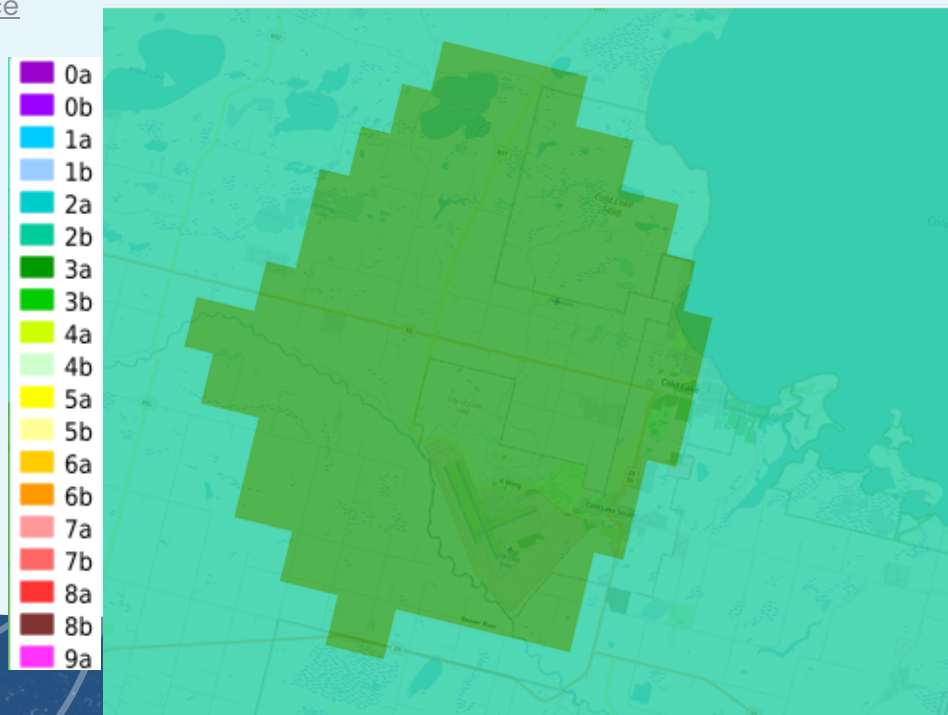


GROWING ZONE

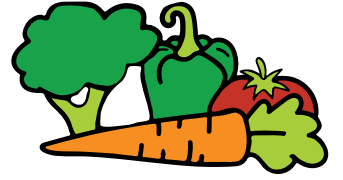
Zone 3a

- According to Canada's Plant Hardiness Zones, Cold Lake, Alberta is located in Plant Hardiness Zone 3a. This classification is based on long-term climate data and helps indicate which plants are most likely to survive local weather conditions.
- Zone 3a is characterized by cold winters and a short outdoor growing season, which should be taken into consideration when selecting plants for the Community Garden.*
- Plant hardiness zones are intended as a planning tool for gardeners and reflect climate conditions rather than guaranteed growing outcomes. Local conditions such as soil quality, sun exposure, and weather variability can also affect plant success.

*Source



Planting Suggestions for Zone 3a



While the Plant Hardiness Zone map identifies Cold Lake as Zone 3a, gardeners are encouraged to choose cold-tolerant and quick-maturing crops that are commonly grown in short-season climates. For a community garden, popular options often include:

- Leafy greens (such as lettuce and spinach)
 - Root vegetables (such as carrots, beets, and radishes)
 - Peas and bush beans
 - Hardy herbs like chives and dill
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Plants that require more warmth or a longer season may still be grown successfully when started indoors or protected, but extra care may be required.



Tip: Always check seed packages or plant labels for references to cold tolerance or short-season varieties, and use the hardiness zone as a general guide rather than a guarantee.

Community Garden Member Responsibilities

All community gardeners are responsible for the following:

- Maintain their assigned plot throughout the gardening season, including regular weeding and care.
- Keep pathways and surrounding areas clear and tidy.
- Use water responsibly.
- Clean and return shared tools and equipment after each use.
- Report damaged tools, infrastructure, or safety concerns to PSP Recreation staff.
- Follow eco-friendly gardening practices, including proper waste disposal and composting (where applicable).
- Avoid the use of restricted chemicals or prohibited materials within the garden area.
- Respect other gardeners, shared spaces, and garden rules at all times.
- Ensure plots are fully cleaned and cleared at the end of the season to be eligible for deposit refund.
- Remove all personal items and plants by the garden closing date.
- Garden at their own risk and exercise safe practices while in the garden.



Failure to meet these responsibilities may result in loss of garden privileges or forfeiture of the refundable deposit.

ECO-RESPONSIBILITIES



Community Garden members are expected to garden in an environmentally responsible manner by:

- Using water efficiently and avoiding overwatering.
- Avoiding the use of chemical pesticides, herbicides, or fertilizers unless explicitly permitted.
- Choosing eco-friendly and pollinator-friendly gardening practices whenever possible.
- Properly sorting waste, including garbage, recycling, and compost (where available).
- Keeping plastic, packaging, and non-organic materials out of garden beds.
- Using natural pest control methods whenever possible.
- Avoiding invasive plant species and choosing plants suited to the local climate.
- Respecting soil health by avoiding contamination and soil compaction.



These eco-responsibilities help protect the environment, conserve shared resources, and ensure the Community Garden remains a healthy and welcoming space for all participants. By practicing responsible and sustainable gardening, members support long-term soil health, reduce environmental impact, and contribute to the success of the Community Garden for future seasons.





Equipment Use & Responsibilities



The Community Garden provides shared equipment for the benefit of all members. To ensure tools remain safe and available, gardeners are responsible for the following:

- **Use shared garden tools properly and safely.**
- **Use equipment only within the Community Garden.**
- **Clean and return tools to the designated storage area after each use.**
- **Do not remove shared equipment from the garden.**
- **Report damaged or missing tools to PSP Recreation staff.**
- **Gardeners are responsible for damage caused by misuse or carelessness.**
- **Personal tools may be brought in but must be removed after use.**
- **PSP Recreation is not responsible for lost, stolen, or damaged personal equipment.**



Proper care of shared equipment helps ensure a safe, functional, and enjoyable garden experience for all members throughout the season.





Happy gardening!

The 4 Wing PSP Recreation Community Garden is more than just a place to grow food—it is a shared space that supports wellness, sustainability, and community connection. By participating, gardeners play an important role in maintaining a respectful, safe, and environmentally responsible garden for everyone to enjoy.

Thank you for being part of the 4 Wing PSP Recreation Community Garden. We look forward to a successful growing season and appreciate your commitment to helping this community space thrive.

4 Wing PSP Recreation