

4 Wing PSP Recreation

December 2025 Programs & Events



Advanced Aquatic Courses

- Canadian Swim Patrol – December 22 – 23, 2025
Prerequisites: 10 – 12 years old or have completed Swimmer 6 and the ability to swim 100m
DND- \$100.00 Non-DND- \$125.00
- Bronze Star – December 29 – 30, 2025
Prerequisites: 12 years old. Canadian Swim Patrol experience is recommended
DND- \$125.00 Non-DND- \$150.00



Bus Trip to Polar Express

All aboard! Families are invited to join us for a magical holiday journey to the Polar Express Experience at Prairie Railway in Mossleigh, Alberta. This immersive adventure brings the beloved story to life with a festive train ride, holiday characters, and seasonal cheer. Participants will travel together by bus, enjoying a comfortable ride. Upon arrival, families will board the Polar Express train for a heartwarming experience!

Bus Trip to Edmonton Oilers VS Tampa Bay Lightning

Join us for an exciting trip to watch the Edmonton Oilers take on the Tampa Bay Lightning on March 21, 2026! Experience the thrill of NHL hockey as we travel together by bus for a stress-free ride and an unforgettable game night. Registrations open to the entire community on December 6! Let's cheer loud for our favorite team!

Upcoming Swimming Lesson Registration dates

Tuesday, December 16, 2025, 9:00am - Parent & Tot Lessons
Wednesday, December 17, 2025, 9:00am - Preschool Lessons
Thursday, December 18, 2025, 9:00am - Swimmer Lessons



We are hiring!
Scan the QR code for more details.



Gingerbread Junction



Gingerbread Junction is a festive, family-friendly event designed to bring the community together through creative holiday fun. Families are invited to participate in building and decorating their own gingerbread houses in a warm and welcoming environment. In addition to gingerbread house decorating, the event will have Glitter Tattoos, Crafts & Activities and the Open Play structure & gym space. This event will have a limited number of Gingerbread houses and will be first come, first serve.

Craft & Create



Join us for our monthly craft classes designed to spark creativity and connection! Sip & Signs take place Thursday evenings at the All Ranks Mess, where you can unwind with a drink in hand while creating a custom piece of décor. Prefer a cozy afternoon vibe? Our Craft Cafés run Sunday afternoons at the Mackenzie Arts & Community Centre—perfect for coffee, conversation, and creativity. No experience needed—just bring your imagination!

Upcoming Sip & Signs

Jan - Office Signs
Feb - Candle Painting
Mar - Military Home Signs

Upcoming Craft Cafes

Feb - Coffee & Cake
Apr - Mosaic Pots

Night at the Rockefeller

Get ready to bring the magic of the iconic Rockefeller tradition right here to our community on Saturday December 20, 2025 from 3:30 to 6:30pm! Picture this: twinkling lights, crisp winter air, and you gliding across the ice like a pro (or at least trying!). Warm up with rich hot chocolate, grab a slice of pizza, and soak in all the holiday vibes. It's going to be a night full of laughter, skating, and festive fun you won't want to miss! Follow us on social media for all the details coming soon!



Open Play

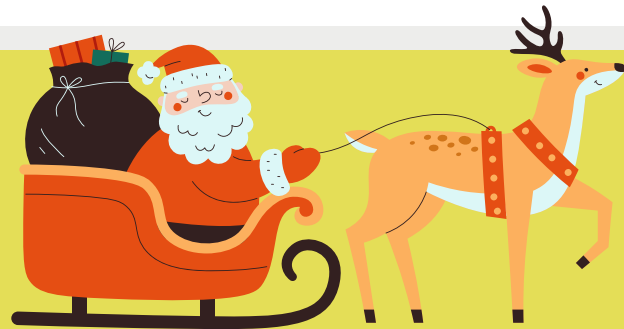
Start your morning with meaningful playtime at our Open Play program, designed for children ages 7 & under. Offered Monday to Thursday and Saturdays from 9:00am to 12:00pm at the Mackenzie Arts & Community Centre. This parent-supervised, drop-in program provides a welcoming space for families to connect and explore together. Kids can enjoy the gym area, climb and slide on the play structure, and engage in open-ended play. A designated area for babies ensures a safe and comfortable experience for our youngest participants. Closed December 25 & January 1. DND – Free (with Identification) Non-DND- \$6 Drop In (per child), 5 pass \$25, 12 pass \$50



Register for Programs or Events with Univerus!



RV Compound



For more information on how to request, renew or withdraw from a site, please use the QR Code below:
Priority 1 - Occupants of Single Quarters (SQs)
Priority 2 - Military Members living in Residential Housing Units (RHUs)
Priority 3 – DND and NPF Employees of 4 Wing living in RHUs
Priority 4 – Military Members Employed at 4 Wing who are not occupants of RHUs or SQs
Priority 5 – DND and NPF Employees of 4 Wing who are not occupants of RHUs or SQs
Priority 6 – Retired Military members who are residing in the geographical area of Cold Lake



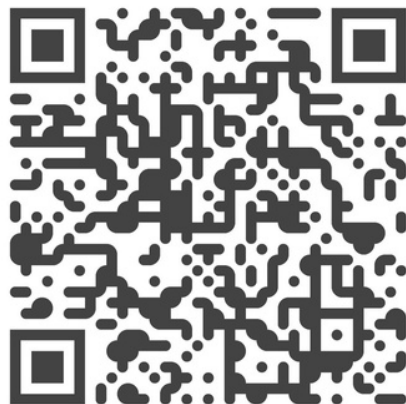
Aquatic Schedule

Visit the QR Code for the most up to date aquatic schedule and pool information!



Aquatic Leadership Courses

Scan the QR code for more details.



Sips of Zen

Join us on Thursday, January 22, 2026, from 6:00 - 8:00pm for an evening that blends movement and flavor. Sips of Zen offers a gentle yoga flow led by a certified instructor, paired with curated tasting pauses throughout the session. Begin with a welcome beverage, then relax and refresh as each sip is thoughtfully matched to the moment. Reserve your spot today—space is limited!



Keep an eye out for more events and programming on our social media!

4 Wing PSP Recreation

December 2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|---|---|---|
| | 1 <div><div>Open Play</div><div>Aquafit</div></div> | 2 <div><div>Open Play</div><div>Aquafit</div></div> | 3 <div><div>Open Play</div><div>Aquafit</div></div> | 4 <div><div>Open Play</div><div>Aquafit</div></div> | 5 <div><div>Waves & Wiggles</div><div>Bus trip to Polar Express</div></div> | 6 |
| 7 <div><div>Tide & Tumble</div><div>Craft Cafe</div></div> | 8 <div><div>Open Play</div><div>Aquafit</div></div> | 9 <div><div>Open Play</div><div>Aquafit</div></div> | 10 <div><div>Open Play</div><div>Aquafit</div></div> | 11 <div><div>Open Play</div><div>Aquafit</div></div> | 12 | 13 <div><div>Gingerbread Junction</div></div> |
| 14 | 15 <div><div>Open Play</div><div>Aquafit</div></div> | 16 <div><div>Open Play</div><div>Aquafit</div><div>Registration: Parented levels</div></div> | 17 <div><div>Open Play</div><div>Aquafit</div><div>Registration: Preschool levels</div></div> | 18 <div><div>Open Play</div><div>Aquafit</div><div>Registration: Swimmer levels</div></div> | 19 | 20 <div><div>Open Play</div><div>Night at the Rockefeller</div></div> |
| 21 | 22 <div><div>Open Play</div><div>Canadian Swim Patrol</div><div>Facility Hours: 8am - 8pm</div></div> | 23 <div><div>Open Play</div><div>Canadian Swim Patrol</div><div>Facility Hours: 8am - 8pm</div></div> | 24 <div><div>Open Play</div><div>Facility Hours: 8am - 4pm</div></div> | 25 <div><div>Closed</div></div> | 26 <div><div>Closed</div></div> | 27 <div><div>Open Play</div></div> |
| 28 | 29 <div><div>Open Play</div><div>Bronze Star</div><div>Facility Hours: 8am - 8pm</div></div> | 30 <div><div>Open Play</div><div>Bronze Star</div><div>Facility Hours: 8am - 8pm</div></div> | 31 <div><div>Open Play</div><div>NEW YEAR'S EVE</div><div>Facility Hours: 8am - 4pm</div></div> | <div></div> | | |