

Child & Youth Programs

Baby Basket

Expecting 10 new little toes & fingers?

Let your MFS know and they will ensure you are provided with some fun things for you and your little one.

Crafts (ages 3-9)

If your child, between the ages of 3 and 9, would like to receive our quarterly crafts, email

MFSE.ChildYouthProgram
s@cfmws.com to register.

Little Cooks Club (ages 4-7)

Program for your blossoming little chefs!

Our new Little Cooks Club is the perfect way to introduce your children to skills in the kitchen. What better way to spend time together than creating culinary delights together!

Register your little cooks by October 1st and we'll send them a cooking kit to get started. Complete 3 challenges to receive prizes!

Kids Can Cook (ages 8-12)

Have a child who would like to practice or learn some culinary skills? Email:

MFSE.ChildYouthProgram
s@cfmws.com to register and we will send them a cooking kit to get started.

If they complete the 3 challenges, they will receive prizes. Deadline to register is October 1st.

Teens Can Cook (ages 13-18)

Time to get your teens cooking! To register, email **MFSE.ChildYouthProgram s@cfmws.com** and we will send them a cooking kit to get started.

If they complete the 3 challenges, they can also expect prizes. Deadline to register is October 1st.

Friends on a Journey

MFS has several proudly Canadian friends who love to travel and spend time with OUTCAN children and their families.

These adventurers can travel through the mail to you. They will arrive with a suitcase and their very own passport to record memories of their visit with your family.

If you would like to take one of these friends on a journey, please contact your local MFS centre.

Pens & Pals (ages 3-18)

Have a child/youth that would like to stay connected to family and friends the old school way?

Maybe even want a pen pal? Email: **MFSE.ChildYouthProgram s@cfmws.com** to register and we will send them a new stationery kit to get started.

If they would like to be paired with someone their age also posted overseas, or in Canada, let us know and we'll get them connected.

Home Alone Course (ages 10-12)

Is your child prepared to take the first steps towards staying home alone? The Home Alone course is a unique interactive workshop designed for keeping youth safe and confident while home alone. Check with your MFS centre to see available dates.

Babysitting Course (ages 12+)

The Babysitter Training Course is designed for youth turning 12 in the calendar year of the course, or older, who wish to learn the skills & knowledge required in order to babysit, whether at their own home for siblings or for someone else's family. Check with your MFS centre to see available dates.

Youth Leadership Conference (ages 13-18)

This is an amazing opportunity designed specifically for CAF youth across Europe, ages 13-18 years old.

Your teen(s) can join others during a fun filled weekend where they will make friendships and memories to last a lifetime. Keep an eye out for registration in the fall!