

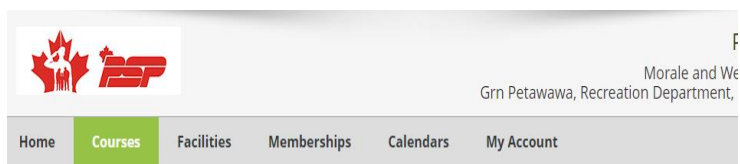


# PSP Online Guide



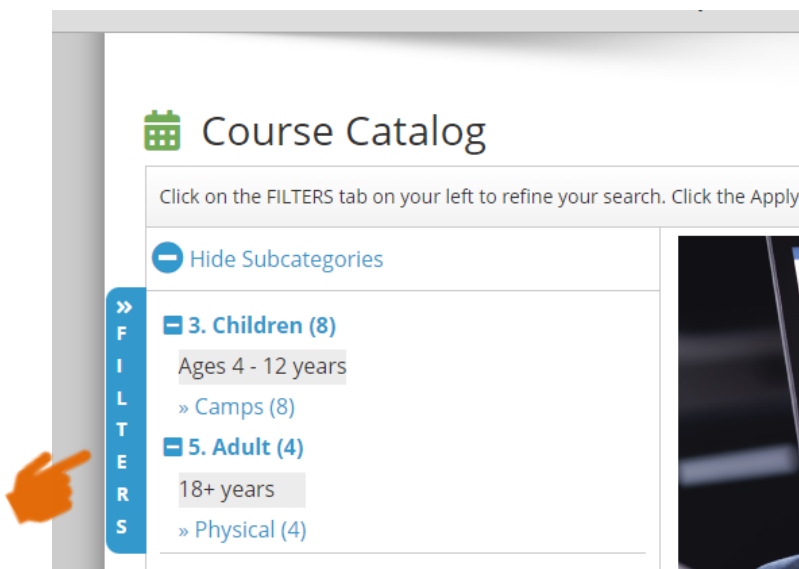
## Step 1.

After arriving at the online booking portal, click on Courses.



## Step 2.

Click the blue FILTERS button on the side of the subcategories list then scroll to the very bottom.





# PSP Online Guide



## Step 3.

UN-CHECK the “Show Available Courses Only” button in order to see all courses. If a course is full, you will be able to access the waitlist.

Then click Apply.

Course Catalog

Apply Filters Reset Apply

Season: Fall 2024 Sep-Dec

Location: All Locations

Course Name:

Course Code:

Course Type: ☒ All Course Types

☐ Recreation ☐ Military Fitness

☐ Military Sport ☐ Health Promotion

☐ MFRC

Age:

Session Time Starts Between:

Start:  End:

Specific Days:

Sun Mon Tue Wed Thu Fri Sat

☐ ☐ ☐ ☐ ☐ ☐ ☐

☐ Show Available Courses Only

Reset Apply

## Step 4

Look for the Category “Aqua Swim for Life Lessons”.

There will be 5 different age group categories including Parent & Tot, Preschool, Swimmer, Youth, and Adult.

Click the appropriate category for your swimmer’s age. Once in a specific age group, find the correct level for your swimmer. Detailed descriptions are included with each level.

You can also refer to our Program Descriptions to determine which level is most appropriate to register into based on ability.

Course Catalog

Click on the FILTERS tab on your left to refine your search. Click

Hide Subcategories

3. Children (142)

Ages 4 - 12 years

» Physical (17)

» General (56)

» Camps (69)

4. Teens (12)

Ages 13-17 Years

» Physical (2)

» General (10)

5. Adult (7)

18+ years

» Physical (7)

Aqua Swim for Life Lessons (3)

The Swim for Life program stresses lots of in-water practice to develop solid swimming strokes and skills. We incorporate valuable Water Smart® education that will last a lifetime.

» Parent & Tot (3-month to 36-month) (1)

» Preschool (3-5 yrs) (1)

» Swimmer (5-12 yrs) (1)