

# SWOMFRC TABLE TALKS

Cooking Up Connection with SWOMFRC!

MFRCs are gathering around the table for an evening of connection. Our hybrid platform invites the cultural fusion between potluck dishes, enriching conversations while allowing you to hear engaging thought leaders.

The **SWOMFRC Table Talks Series** is your opportunity to explore the issues and mobilize knowledge to become part of the solution to build a **healthier** and **stronger** military community.

## Speaker's Series Dates Beyond the Surface Series



Thurs Sep 18

**Exploring the Complexities  
in Social Status in Society**  
MJG Consulting



Thurs Oct 16

**Introduction to Equity, Diversion  
and Inclusion**  
MJG Consulting



Thurs Nov 27

**Diversity & Social Relationships**  
MJG Consulting

BUILDING A STRONGER COMMUNITY BEGINS WITH YOU!



programs@swomfrc.ca



5:30pm - 8:00pm

SWOMFRC Table Talks Presents



# BEYOND THE SURFACE

Exploring the complexities of identities in society

**Thu, 18 Sep 2025**  
**5:00pm - 7:30pm**  
**Hybrid Event**



**Dr. Michael Godfrey, PhD**

Join us, as we dive into the intersections of race, gender, sexuality, ability, class, and more to better understand how our unique identities shape our experiences.

**Join on ZOOM for 6:30pm**  
or

**In-Person at Wolseley Barracks**

5:00pm - 6:15pm Potluck (optional)

6:30pm - 7:30pm Dr. Godfrey

**RSVP by 15 Sep**

**Email: [programs@swomfrc.ca](mailto:programs@swomfrc.ca)**