





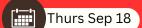
Cooking Up Connection with SWOMFRC!

MFRCs are gathering around the table for an evening of connection. Our hybrid platform invites the cultural fusion between potluck dishes, enriching conversations while allowing you to hear engaging thought leaders.

The **SWOMFRC Table Talks Series** is your opportunity to explore the issues and mobilize knowledge to become part of the solution to build a **healthier** and **stronger** military **community**.

Speaker's Series Dates

Beyond the Surface Series



Exploring the Complexities in Social Status in Society

MJG Consulting



Thurs Oct 16

Introduction to Equity, Diversion and Inclusion
MJG Consulting



Thurs Nov 27

Diversity & Social Relationships MJG Consulting

BUILDING A STRONGER COMMUNITY BEGINS WITH YOU!





SWOMFRC Table Talks Presents



BEYOND THE SURFACE

Exploring the complexities of identities in society

Thu, 18 Sep 2025 5:00pm - 7:30pm Hybrid Event



Dr. Michael Godfrey, PhD

Join us, as we dive into the intersections of race, gender, sexuality, ability, class, and more to better understand how our unique identities shape our experiences.

In-Person at Wolseley Barracks

5:00pm - 6:15pm Potluck (optional)

6:30pm - 7:30pm Dr. Godfrey

RSVP by 15 Sep

Email: programs@swomfrc.ca