

# WMFRC Emergency Child Care Plan



For Canadian Armed Forces families with children under 18 years of age

CAF families who are pet owners should also include their beloved pets in their Emergency Child Care Plan

## Emergency Child Care Plan

The ultimate goal is for your family to have a **short term and long term** plan in the event of an emergency. Your *Emergency Child Care Plan* is broken down into several sections.

- Parent/guardian information and dependants information
- Emergency Child Care Plan for 0-96 hours
- Long term care after the initial 96 hours
- Non-emergency child care plan

Steps to activate your *Emergency Child Care Plan*:

- Contact and confirm availability of your 96 hour childcare provider
- If needed, contact and confirm availability/travel with your long term childcare provider

Contact the WMFRC during regular business hours or the Base Operator and ask for the Duty Padre if you require Emergency Childcare or Emergency Respite care after hours.

#### Wainwright MFRC

Monday - Friday, 8:00 am to 4:30 pm 780-842-1363 Ext. 1253

#### **Base Operator**

780-842-1363 Ext. 0, ask for Duty Padre

## Emergency Childcare Services

#### **Emergency Child Care (ECC)**

- In the event that an emergency occurs and your *Emergency Child Care Plan* has fallen through, the ECC is available to assist families.
- Financial support for childcare during emergencies is determined on a case by case basis. ECC has specific requirements that must be met for service to be provided. You will need to contact the WMFRC or Duty Padre to see if these services can be provided.

#### **Emergency Respite Childcare (ERC)**

 ERC is available to CAF families when the parent/guardian at home requires a period of relief (or respite). Financial support for emergency respite care is determined on a case by case basis.

#### **How to Access ECC or ERC**

Contact the WMFRC during business hours at 780-842-1363 Ext.1253 or the Duty Padre after hours via the Base Operator to access ECC or ERC. This option should only be considered when your *Emergency Child Care Plan* has fallen through.

## Things to Consider When Creating Your Emergency Child Care Plan

When necessary, be sure to interview and request criminal record checks on all possible childcare providers before an emergency takes place. Talk to your child about your *Emergency Child Care Plan*.

#### First 96 hours:

- Who would your most reliable contacts be to provide childcare for the first 96 hours? (Ideally you should have two different contacts).
- Have you talked to your designates and have they agreed to be an emergency contact?
- Does it matter if the emergency is during the week or on the weekend? Do you need different contact numbers in case your designate is at home, work, or out of the house?
- Would an emergency contact be staying at your home or is your child staying at their home?
- Are there expectations that your child will be driven to any lessons or events planned during this time? Would you need to provide your designate access to a vehicle? Is a car or booster seat needed?
- How would expenses be covered during your absence?
- Would you be able to contact your designate or child while you are away?
- Do each of your designates have contact information for the other?

#### **Additional Items for Long Term Childcare:**

- Who would your most reliable contacts be to provide childcare after the first 96 hours for long term childcare? (Ideally three different contacts).
- What are your expectations of your long-term childcare provider? Would they live at your house, perform daily household chores; continue with your child's regular schedule (lessons, sporting events, etc.)? Would your child stay at the caregiver's home? If so, how would they get there?

# Your Wainwright MFRC Emergency Child Care Plan

Parent/Guardian Information

1.



## **Primary Caregiver and Dependant's information**

2.	Telephone:			
Dependant Name(s)		Birthda DD/MM/YYY	te YY	Medical #
1.		1	/	
Information:				
2.		/	/	
Information:				
3.		/	/	
Information:				
4.		/	/	
Information:				ı

Telephone:

## **Important Contacts**

<b>Contacts Inform</b>	mation	Telephone	Address
Family Doctor			
School			
Preschool			
Veterinarian			
Sport/ Music Lessons			

## **Daily Schedule**



Daily Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning							
Afternoon							
Evening							

**Emergency Childcare:** Immediate Childcare 0 to 96 hrs. Caregivers who can be contacted at a moment's notice and would be available for up to 96 hrs for daytime and overnight care until a long-term caregiver is available.

Caregiver 1	
Full Name	Phone Number(s):
Address:	
Relationship to Family:	_
Important Information:	
Caregiver 2	
Full Name	Phone Number(s):
Address:	
Relationship to Family:	
Important Information	
Documents & items to include in the case of a	n emergency (Can also include comfort notes):

# **Long Term Care:** After 96 hrs. Childcare provider who is able to provide long-term Childcare.

Caregiver 1	
Full Name	Phone Number(s):
Address:	
Relationship to Family:	
Important Information	
Caregiver 2	
Full Name	Phone Number(s):
- 0.1. 1 (M.1.0	
Address:	
Relationship to Family:	
Important Information	
Comorinos 2	
Caregiver 3	
Full Name	Phone Number(s):
Address	
Address:	
Relationship to Family:	
Important Information	

# Non- Emergency Childcare Individuals who are available for scheduled daytime and evening care.

Caregiver 1	
Full Name	Phone Number(s):
Address:	
Relationship to Family:	
Important Information	
Camagizzan 2	
Caregiver 2	
Full Name	Phone Number(s):
Address:	
Relationship to Family:	
Important Information	
Caregiver 3	
Full Name	Phone Number(s):
Address:	
Relationship to Family:	
Important Information	

Important Notes	

## Additional Family Resources



#### . 555 555 4045

### **Family Information Line**

- As the loved one of a CAF member, you can contact the Family Information Line (FIL) for support, which you may need as a result of the unique nature of military life including mental health issues.
- Counsellors can help your family obtain information as well as provide reassurances, support and referral to various services.
- Toll-free phone line: 1-800-866-4546
- Collect Calls accepted: 1-613-995-5234



Website: www.cafconnection.ca

- This is the go-to site with information for and about CAF families.
- Here you will find links and information to all the Military Family Resource Centres (MFRCs) in Canada, the United States, and Europe, as well as programs available through the MFRCs including those related to mental health and social wellness.

## **Connect with us:**







## Wainwright MFRC

Building 400 Hillside Road, PO Box 29 Denwood, AB T0B 1B0 Telephone: 780-842-1363 Ext.1253

Fax: 780-842-1876 <a href="mailto:info@wainwrightmfrc.ca">info@wainwrightmfrc.ca</a>



