

# MAY 2026 PT SCHEDULE



Mon	Tue	Wed	Thu	Fri
JTFN - BLACK 440 SQN—NAVY BLUE ICRPG—RED TEAM NORTH— GREEN	FORCE EVALUATIONS SIGN UP THROUGH CFMWS.CA  BMSS REGISTRATION THROUGH PSP	FORCE PREP is open to any member interested in preparing for their annual FORCE EVALUATION		01  440 SQN— 0800-0900 MULTIPLEX — BASKETBALL
04	05  ICRPG 0830-0915 HEAVY CIRCUIT— MULTIPLEX	06	07  ICRPG 0830-0915 SPORT— FIELDHOUSE FORCE EVALS 0930-1130	08  440 SQN— 0800-0900 RC — SPIN
11  JTFN — TECH SVCS 1500-1600 FIELDHOUSE — KICKBALL	12  ICRPG 0830-0915 HEAVY CIRCUIT— MULTIPLEX	13  FORCE PREP MULTIPLEX 0800-0900 BMSS 0800-0900 JTFN — 1500-1600 FIELDHOUSE — CIRCUIT	14  ICRPG 0830-0915 SPORT— MULTIPLEX	15
18  VICTORIA DAY	19  ICRPG 0830-0915 HEAVY CIRCUIT— MULTIPLEX	20  BMSS 0800-0900	21  ICRPG 0830-0930 SPORT — MULTIPLEX FORCE EVALS 0930-1130 JTFN—OPS 0830-0930 FLAG FOOTBALL—	22  440 SQN— 0800-0900 FIELDHOUSE — ULTIMATE FRISBEE
25  JTFN TECH SVCS 1500-1600 RC — YOGA	26  ICRPG 0830-0915 RUCK—SKI CLUB	27  FORCE PREP MULTIPLEX 0800-0900 JTFN — 1500-1600 FIELDHOUSE — SPORT	28  ICRPG 0830-0915 FRISBEE— FIELDHOUSE  FORMATION PC26 PADDLE 1400-1600—FLOAT DOCK	29  440 SQN— 0800-0900 FRAME LAKE — HIKE Meet outside Aquatic Centre