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# INTRODUCTION





## CHAPTER 1 - INTRODUCTION

### 1. PURPOSE

- 1.1. The purpose of this CAF Sports Championships Operations Manual is to outline the policies, operating procedures, responsibilities, regulations and rules governing the CAF Sports Championships (Regionals and Nationals).
- 1.2. Please refer to the manual for:
  - a. The administration for the CAF Sports Championship Program;
  - b. Roles and responsibilities of the CAF Sports Championships Program stakeholders: RSMgr's, Host Base, Jury of Appeal, Chief Official, and Athletic Trainers;
  - c. Regulations regarding the CAF Sports Championships including the eligibility and entry into competition;
  - d. Suspensions and Disciplinary Measures;
  - e. Injury prevention; and Mandatory Protective Equipment; and
  - f. Rules of play.
- 1.3. Policy regulations common to the CAF Sports Program can be found in the [PSP Policy Manual – PART 5: SPORTS](#).

### 2. OBJECTIVE

- 2.1 The objectives of the CAF Sports Program are to:
  - a. Promote physical, mental, and social wellness;
  - b. Foster the development of leadership skills, discipline, sportsmanship; and
  - c. Develop esprit de corps, teamwork and morale.
- 2.2 The objectives of the CAF Sports Program are to be met through individual and team sport skills instruction, training and competition from novice to expert, characterized by high performance participation.
- 2.3 The CAF Sports Program is organized into:
  - a. Intramural activities - which occur within a Base/Wing/Unit (B/W/U) or Military College; and
  - b. Extramural activities - which the majority of its activities will occur outside the boundaries of a B/W/U or Military College.
- 2.4 Beyond the sport activities offered in the CAF Sports Program, other sport activities may be approved in support of the Commander's mission when meeting the sport program objectives, including through civilian sport events. At all times, the risk and benefit of the said activity shall be considered and measures must be implemented to manage the risks for the organization and CAF members.
- 2.5 The participation in civilian competitions may be authorized when such participation meets the objectives of the CAF Sports Program. Further details regarding the participation of

CAF members in civilian sport competitions can be found in the by referring to the [Out Service Program](#).

- 2.6 Given that certain sport activities have an unacceptably high risk of injuries, a high level of inherent risk or difficulties and often involving speed, height, a high level of physical exertion and highly specialized equipment, a number of sporting activities are deemed Unauthorized Sport Activities. These activities are continuously reviewed and unauthorized sports are listed in the [PSP Policy Manual – Part 5: Sport](#).
- 2.7 CAF members of the Regular Force and Reserve Force should engage in regular sport activities and may be authorized to participate in all aspects of the CAF Sport Program when meeting eligibility requirements.

### 3. MANDATE

- 3.1 The CAF Sports Program is delivered by CFMWS/PSP/DProg, as a key component to reach the DProg Mandate's goal:

***“To be the physical and occupational fitness, wellness and sport subject matter expert for the CAF and a force enabler that contributes to improving operational effectiveness by researching, developing, implementing and evaluating programs that are relevant and responsive to CAF needs”.***