

March 27, 2026

Hello members of the military family community,

I am pleased to share an update on the excellent work of your Halifax & Region Military Family Resource Centre (MFRC), and to mark a leadership transition for our Board. This will be my final update as I have just handed over the reins to your new Board Chair, Keely Anderson, who has served on our board since 2022 and as Vice Chair for the last two years. Keely also serves as our Governance Committee Chair and has worked very hard to make sure our Board policies, terms of reference, and bylaws are connected and have a regular review schedule. Her excellent knowledge and experience will lead the Board well into the next few years. For the remaining board year, I will serve as Advisor to the Chair.

Every three years, we hold a strategic planning session wherein your board (with input from community, staff, and local CAF leadership) develop tri-annual strategic goals. These will be implemented into a strategic plan by our Executive Director for 2026/27 fiscal year. We believe these goals will continue to keep the H&R MFRC at the forefront of innovation and holistic military family support.

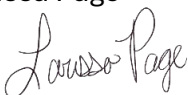
The Board was committed to our annual responsibilities of overseeing the H&R MFRC and Shearwater Children's Centre's finances, risk mitigation, and fiduciary, to ensure a strong, sustainable organization that meets our mission and vision. We completed reviews of policies, monthly financials, and oversight governance. We thank Shelley, our Executive Director, for continuing to keep us well-informed while managing the organization.

Lastly, I am proud to congratulate Lindsey Coshell, a very involved board member who served as Secretary and Recruitment Committee Chair. Lindsey goes above and beyond with engagement in committee work. Lindsey is this year's H&R MFRC Adult Volunteer of the Year award recipient and an HRM Volunteer of the Year award recipient. Thank you for everything you do for military families, Lindsey.

Serving as the H&R MFRC Board Chair for the last four years has been an incredible experience for me. This is an organization I am exceptionally proud to have been a part of. I would like to close by sending congratulations as you enter your 40th year of supporting military families.

Thank you,

Larissa Page



Advisor to the Chair