CHILDCARE CENTRES

In Quebec, when it comes to childcare services, you should know that the earlier you enroll your children, the greater your chances are of finding a place of choice. You can begin this process during pregnancy or as soon as you receive your posting message.

Quebec's Childcare System

The Quebec childcare system offers a variety of options:

Childcare Centre (CPE) — generally subsidized

- A Childcare Centre (CPE) is a non-profit childcare service or a cooperative.
- A CPE has a Board of Directors; at least two thirds of whom are parents whose children attend or will attend the CPE.
- Each of these facilities can accommodate a maximum of 100 children from 0 to 5 years old.
- Services can be offered full-time, part-time or on an atypical schedule.



📆 Daycare Centres — subsidized or not

- Daycare centres are for-profit businesses run by a natural or legal person.
- A parent advisory committee must be formed and consulted on several aspects of childcare.
- Each daycare centre can accommodate a maximum of 100 children from 0 to 5 years old.
- Services can be offered full-time, part-time, or on an atypical schedule.

Service Recognized home childcare providers—

- The service is provided in a private residence by a person responsible for childcare (RSG).
- The location is subject to regular inspections and must comply
 with laws and regulations of the coordinating office (CO) of that
 region, particularly in matters of health, safety, well-being, and child
 development.
- It does not receive more than 6 children at a time, of which not more than two children are under 18 months old. If the childcare provider (RSG) is assisted, the centre can accept nine children, of which four are under the age of 18 months.

Unrecognized Daycare Services — Unsubsidized

- Daycare centres can be unrecognized without being illegal. They are called unrecognized daycare centres.
- Family settings, schools, community organizations, or day camps can all offer this program.
- It is not subjected to regular inspections but must respect certain conditions issued by the *Ministère de la Famille*.

Pricing

- <u>Subsidized childcare environment</u>, will charge you \$9.35 per day per child. Cost is subject to change at the beginning of the year.
- For <u>Unsubsidized Childcare environment</u>, the cost is at the regular rate (\$35 and over), and you may be eligible for a tax credit to compensate for any overpayment.

You can also apply to receive monthly advance payments of the tax credit for daycare expenses.

If you are registered for advance repayments and relocate outside of Quebec before the end of the fiscal year, you will have to repay the advance payments received from Quebec since you will be filing your income tax return in another Canadian province.

To help you in your search

Place 0-5

The first step to get a place in a daycare service is to register with La Place O-5.

www.laplace05.com

La Place O-5 is the only access counter to recognized childcare services in Quebec for your O-5-year-olds. An online platform, managed by the Ministry of the Family, designed to facilitate the search for childcare, CPE, and recognized family environments.

Next, we advise you to contact the daycare centres directly in which you are interested. This contact will allow to make sure that your file has been received, and nothing prevents you from periodically checking where you are on their waiting list.



Ressources

- Garderie disponible Saguenay/ Lac-Saint-Jean (Facebook)
 In this Facebook group, you can find out if places are available depending on your children's ages and your area of residence by contacting all members.
- Regroupement des garderies et services de garde Saguenay (Facebook)
 In this Facebook group, you can find out if places are available depending on your children's ages and your area of residence by contacting all members.
- Liste des CPE et des garderies du Saguenay/Lac-Saint-Jean (ministère de la Famille)
 The site lists daycares and CPEs in the region and allows you to contact those in your area to see if there are any openings.

Coordinating Offices

The Coordinating Office websites provide a list of recognized home daycare services in their sector and provide information on the places available. You can contact them directly.

La Baie et Bas-Saguenay — Mini-monde coordinating office

Thicoutimi, Jonquière, Laterrière and vicinity — Des Lutins coordinating office

Table Alma and vicinity — La Bambinerie coordinating office

Feel free to contact our provincial deputy, Ms. Andrée Laforest, with your concerns:

TIP: You may be able to find part-time openings at some daycare centres. It is easier to get a place by accepting these places, as the child then has priority for a full-time place.

Childcare at CFB Bagotville

CPF Alouette

As a military family, you are granted a priority at the CPE Alouette which is located in the Base family neighbourhood. You must select it when registering on the Place O-5 website and indicate that it is the CPE offered at your workplace.

📞 Administrative Assistant: ext. 661-7048

MFRC

As a childcare and respite provider, we offer a variety of services that can be tailored to your situation.

- If you are waiting for a place in a daycare or CPE, and you need occasional or weekly care for a child aged 3 months to 5 years.
- You would appreciate a few hours of respite over the weekend.
- A diagnosis requires your child to receive individualized support.
- Having someone absent from your family adds an additional burden, so you need a rest.
- You need a daycare service for pedagogical days.

Call us!

