

Newcomer's Guide

CFB BAGOTVILLE — 2025 EDITION



BAGOTVILLE MILITARY FAMILY
RESOURCE CENTRE (MFRC)



To contact us

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Monday to Thursday: 8:00 a.m. to noon and 1:00 p.m. to 4:00 p.m.

Friday: 8:00 a.m. to 11:45 a.m. and 1:00 p.m. to 4:00 p.m.

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Disclaimer Notice:

The information contained in this document is for informational purposes only. The MFRC does not recommend any services. The CRFM is not liable for damages resulting from the use of certain services described in this document. Every individual is responsible for assessing the reliability of resources.



RELOCATION PROCESS QUICK REFERENCE GUIDE

2025 EDITION

WHAT?	WHEN?	 Click on this link
BGRS – Register at https://bgrsguide.bgrs.ca/account/login and read relocation policy.	As soon as your posting message is received	SETTLING INTO YOUR NEW COMMUNITY
Register your children for daycare (families with children).	As soon as your posting message is received	CHILDCARE CENTRES
Obtain up-to-date duplicates of all the following records: school, dental, medical, veterinary, legal and driving (all family members excluding the military).	As soon as your posting message is received	
Apply for employment insurance benefits (if applicable to military spouses).	As soon as you receive your record of employment	GOVERNMENT SERVICES
Contact your home and car insurance companies to transfer or cancel your insurance policies.	Depending on your moving date	
Contact applicable service suppliers (electricity, cable, internet, gas and water) for the end of the service, transfer or connection.	Depending on your moving date	LIVING IN SAGUENAY

Make an appointment with the various health professionals to renew your prescriptions and check the vaccination cards (all family members excluding the military).	Before leaving	
Contact Canada Post to request mail forwarding . Contact the people and organizations who need to be informed of your change of address.	Before leaving	GOVERNMENT SERVICES
Enrol your children in school (families with children)	Upon arrival or during your house-hunting trip	THE SCHOOLS
Contact the Bagotville MFRC and Follow the Facebook Page: CRFM Bagotville MFRC .	As soon as possible	FACEBOOK PAGE
Obtain a Quebec health insurance card from the Régie de l'assurance maladie du Québec (RAMQ) (all family members except the military member).	As soon as you arrive	HEALTHCARE
Apply to the Quebec government for family allowances (families with children).	As soon as you arrive	GOVERNMENT SERVICES
Perform a mechanical check on your vehicle and register it with the Société de l'assurance automobile du Québec (SAAQ) (all those for whom this applies)	Within 90 days following your arrival	DRIVING IN QUEBEC
Obtain a Quebec driver's licence from the Société de l'assurance automobile du Québec (SAAQ) (all those for whom this applies)	Within 6 months following your arrival	DRIVING IN QUEBEC

Benefits and Privileges	BENEFITS AND PRIVILEGES
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